

PUBLIC AND FREESTYLE ICE TIMES

Public session times (as of 4/12/06)

Monday through Friday 9:30 AM- 11:30 AM

Mon 1:30PM-6:00 PM Tues&Thur. 1:30 PM-5:30 PM

Wed 1:30PM-5:15PM Fri 1:30 PM-7:00 PM

Sat 12:30 PM - 3:30 PM & 7:30 PM-10:00 PM

Sunday 1:00 PM – 4:00 PM

Public session fees	General admission	\$6.25
	Child admission (12 and under)	\$5.25
	Skate rental	\$2.50

Freestyle Sessions (as of 4/12/06)

Mon-Fri 6:15 AM-7:15 AM, 7:15 AM-8:15 AM, 8:15 AM-9:15 AM

Mon, Wed, Fri 3:15 PM-4:00 PM, 4:00PM-4:45 PM

Tue 3:45 PM-4:45

Thu 3:30 PM-4:00 PM, 4:00 PM-4:45 PM

Sat 7:45AM-8:30AM, 8:30AM-9:15AM

Sun 8:00AM-8:45AM, 8:45AM-9:15AM

Freestyle session fees \$9.00 per session

Guest coach fees are \$35.00 per day, freestyle & public sessions (No guest coaches on Sat afternoon public). Coaches may teach students entered in the competition at no charge during any session the week prior to the competition (July 16- 23) if listed as coach on entry blank. Coaches please sign in at the skate desk before teaching. Coaches who do not sign in will be asked to leave the ice.

All sessions are subject to change. Please call in advance for the most current information.

DIRECTIONS TO VALLEY ICE CENTER

FROM THE NORTH – 405 Freeway south to Nordhoff exit. Turn left at signal on to Nordhoff. Proceed to Van Nuys Bl. Turn right. Proceed to Parthenia. Turn left at signal followed by an immediate right into the VIC parking lot.

FROM THE SOUTH- 405 freeway north to Nordhoff exit. Turn right at signal on to Nordhoff. Proceed to Van Nuys Bl. Turn right. Proceed to Parthenia. Turn left at signal followed by an immediate right into the VIC parking lot.

From the 170 freeway- exit Osborne. Northbound - turn left on to Osborne. Southbound - turn right on to Osborne. Proceed to Woodman. Turn left. Proceed one block to Parthenia. Turn right. Proceed toward Van Nuys Bl. Turn left at last driveway before the signal into the VIC parking lot.

Valley Ice Center is located at 8750 Van Nuys Bl. Panorama City
Phone (818) 893-1784

ATTENTION SKATING SCHOOL STUDENTS!

You are cordially invited to participate in our ANNUAL VALLEY ICE CENTER OPEN COMPETITION to be held on JULY 22-23, 2006.

Enclosed you will find all necessary forms and information about our competition.

We have programmed this competition so students who have never competed may participate. Private lessons and special costuming are not necessary. There is a category for all ages and abilities, including tots. We at VIC would like everyone to experience an ice skating competition. Stop by the VIC office so we can assist you with your application.

The deadline for all entries is THURSDAY, JUNE 22, 2006. A time schedule will be posted at VIC by JULY 8, 2006.

ALL SKATERS WILL RECEIVE AN AWARD.

For further information please ask your skating school coach, stop by the VIC office or feel free to contact Bridgette Webb at **818-893-1784 X232.**

We will be looking forward to seeing you.

VALLEY ICE CENTER PROFESSIONAL STAFF

VALLEY ICE CENTER OPEN ISI COMPETITION JULY 22-23, 2006

ELIGIBILITY

All skaters entering the competition must be currently registered with the Ice Skating Institute (I.S.I.). All members

and tests must be registered on or before Saturday, JUNE 22, 2006.

ENTRY FEES:	Single Entry	\$40.00
	Tots and Pre Alpha	\$25.00
	Additional Entry	\$15.00

ENTRY DEADLINE:

ALL ENTRIES MUST BE RECEIVED BY **THURSDAY, JUNE 22, 2006.**

Late entries if accepted will be charged double entry fee. All information must be accurate and complete. Inaccurate or incomplete entry forms will be returned. False information will result in disqualification. **THERE WILL BE A \$10 FEE FOR ANY CHANGES MADE TO YOUR ORIGINAL ENTRY FORM.**

RULES:

The competition will be conducted in accordance with the guidelines in the current Competition Standards and I.S.I. Test Standards.

REGISTRATION & MUSIC:

Each entrant must check-in at the registration desk upon arrival. Please turn in your cassette tape or CD at this time. Music will be ready for pick up at the registration desk after your event section is concluded. Please label tapes and CD's with skater's name, level, event, and rink represented. Only one program per cassette or CD. All tapes need to be rewound and labeled on the "play" side. Be sure to bring a back-up tape. Please arrive 45 minutes before your scheduled event. A time schedule will be sent to each rink by July 8, 2006. Events may start earlier than the scheduled time.

JUDGING:

Each rink **MUST** supply **CERTIFIED** judges in accordance with ISI Guidelines as outlined in the 2003 judges manual and current revisions. All judges must be current ISI Associate Members and be familiar with the most current rules of competition. All instructors wishing to put their students on the ice **must sign up and judge.** Instructors who do not judge will **not** be allowed in the competitors area. Sign up sheets will be sent with the competition schedule.

ACCOUNTING REVIEW:

ONLY an ISI Associate member can make accounting review requests to the Competition Director. All judge's scores are considered final. A review is only a verification of these scores. There is a \$75 fee for **all** reviews. If an error is found the fee will be refunded.

ALL SKATERS WILL RECEIVE AN AWARD

EVENTS

Tots 1-4	Footwork (FS 1-10)	Pairs	Pre-Alpha
	Interpretive (All Levels)	Synchronized Formation	
Alpha	Spotlight Light Ent.	Production Team	
Beta	Spotlight Dramatic	Individual Compulsory Moves	
Gamma	Spotlight Character	Shoot The Duck	
Delta	Spotlight Couples	Test Maneuvers	
Freestyle	Spotlight Family	Couples	
Artistic	Stroking(Pre Alpha-Delta)	Synchronized skating	Groups
2 person jump and spin teams			

DESCRIPTION OF EVENTS

TOTS 1-4: Tots must be 5 years of age or under as of JUNE 22, 2006. Programs will be 1 minute in length and must include the required moves as specified in the 2006 ISI Skaters & Coaches handbook. There is no extra content.

PRE-ALPHA-DELTA: Programs must include one maneuver from Freestyle 1. Duration will be scored.

Freestyle 3 & 4: Back spiral will not be allowed in warm- up.

SHOOT THE DUCK: Skaters will be grouped by age and test levels. Each skater will perform two shoot the ducks. Timing will begin when the skater's hips are below the knee. Hands may be placed on the knee, boot or free leg. A 20 second penalty will be given for a fall.

INTERPRETIVE: Open to Alpha and above. Music will be provided. All music will be approx. 1 minute in length. Skaters may not be coached by anyone during this event. **This will lead to disqualification.** Skaters in Freestyle 4 and lower levels are permitted to perform single rotation jumps (incl. single axel and split jumps), any spins and any uncaptured moves. No triple jumps are permitted in the interpretive event. Skaters of different genders may be grouped together.

ARTISTIC: This event is open to Freestyle 1 skaters and above. The time is 1½ minutes for Freestyle 1-5 and 2 minutes for Freestyle 6-10. There are no required moves. Skaters perform a routine to music in which the emphasis is strong on edging, flow, choreography, innovative moves and music interpretation. There will be no grade for technical merit. No props are permitted.

STROKING: This event is open to skaters Pre- Alpha through Delta levels. Skaters are grouped together by age and ability. Skaters will be asked to skate in both directions.

FOOTWORK; Open to skaters Freestyle 1 and above. The skaters will perform footwork sequences of their own design to music one minute in length. Skaters of different genders may be grouped together.

SPOTLIGHT: For all levels of spotlight, props if used, are limited to those, which the skater can hand carry or push onto the ice themselves in one 30 second trip. Skaters may not be assisted during the set-up, placement, or removal of props. It is important to make the prop part of the routine. Props may not be left in the lobby area or any high traffic area and must be removed immediately after the event. VIC is not responsible for props left at the arena.

FAMILY SPOTLIGHT: This event is open to 2 or more family members only. Program length is 1.5 minutes. Routines may be fun entertaining, emotional or portrayals of characters using costume and/or props.

COUPLES SPOTLIGHT: This event is now divided into 3 groups-Low (pre-alpha-delta) Medium (Freestyle 1-4), High (Freestyle 6-10)

OPEN FREESTYLE: Skater must be an ISI member, though no ISI testing is required. No test Level 1: waltz jump, salchow, 1/2 flip, toe loop, no jump spins. No test Level 2: single jumps no axel, all spins except jump or flying spins. Duration 1.5 minutes. Skaters will be scored on jumps, spins, connecting moves, and presentation. Pre-preliminary thru senior. See the guidelines for a well balanced program in the current USFS rulebook. This event will not receive team points.

TEST MANEUVERS: Two maneuvers will be performed twice. The best of each will be judged. You may skate any level of test maneuvers as long as it is not lower than your tested level. Skaters may do up to 2 different levels. The following maneuvers have been chosen:

TOT1:	Marching While Standing	Marching While Moving
TOT 2:	Two-Foot Jump In Place	Single Swizzle
TOT 3:	Dip	Forward Swizzles
TOT 4:	Backward Wiggles	T-Position And Push (R&L)
PRE-ALPHA :	One Foot Glide	Forward Swizzles
ALPHA:	Forward Stroking	One Foot Snowplow Stop
BETA:	Backward Stroking	T-Stop
GAMMA:	Outside Three Turn	Hockey Stop
DELTA:	Inside Three Turn	Lunge
FREESTYLE 1:	Forward Pivot	Two Foot Spin

FREESTYLE 2:	½ Lutz	One Foot Spin
FREESTYLE 3:	Salchow	Change Foot Spin
FREESTYLE 4:	Loop	Sit Spin
FREESTYLE 5:	Axel Jump	Back Scratch Spin
FREESTYLE 6:	Double Salchow	Spin Combination
FREESTYLE 7:	Double Toe Loop	Flying Camel
FREESTYLE 8:	Double Loop	Flying Sit
FREESTYLE 9:	Double Lutz	Flying Camel into Jump Sit
FREESTYLE 10:	Double Axel/Double Toe	Deathdrop

THIS EVENT WILL NOT RECEIVE TEAM POINTS.

COMPULSORY MOVES:

The following are the three chosen maneuvers for the Solo Compulsory event. They are to be performed once each in a mini-program without music. Skaters are no longer required to perform the selected maneuvers in a required order. A minimum amount of connecting steps will be allowed, however there is no grade given for these connecting moves. Additional maneuvers, such as any jump, spin, or gliding maneuvers from a test level or uncaptured moves, are not allowed. The full ice surface will be used for all levels. Judging stops at one minute. No penalty is assessed, but the maneuvers must be completed in the one minute time.

TOT 1:	Proper Way To Fall, Proper Way To Get Up, Marching While Moving
TOT 2:	Two-Foot Jump In Place, marches with two foot glide, Single swizzle (3x's)
TOT 3:	Push And Glide Stroking, Dip, Forward Swizzle
TOT 4:	Backward Wiggles, Backward Swizzles, One Or Two Foot Snowplow Stop
PRE ALPHA:	Forward Swizzles, Two Foot Glide, Right One Foot Glide(left foot up)
ALPHA:	Forward Stroking, Right over Left Crossovers, One Foot Snowplow
BETA:	Back Stroking, Right over left Back Crossovers, Left T-Stop
GAMMA:	Right Forward Outside Three Turn, Left Forward Inside Open Mohawk Combination, Hockey Stop
DELTA:	Lunge, Forward Outside Edges, Bunny Hop
FREESTYLE 1:	Forward spiral, Two Foot Spin, Forward Inside Pivot
FREESTYLE 2:	Half toe walley, One Foot Spin, Dance Step Sequence
FREESTYLE 3:	Backwards Pivot, Salchow, Change Foot Spin
FREESTYLE 4:	Flip Jump, ½ loop, Sit Spin
FREESTYLE 5:	Axel Jump, Camel Spin, Lutz
FREESTYLE 6:	Double Salchow Jump, Split Jump, Combination Spin
FREESTYLE 7:	Jump In The Opposite Direction(loop, flip or lutz), one foot axel combo, Flying Camel Spin
FREESTYLE 8:	Split Lutz, Double Loop Jump, Flying Sit Spin
FREESTYLE 9:	Double Flip Jump, Double Lutz Jump, Flying Camel Spin Into A Jump Sit spin
FREESTYLE 10:	Double Axel/Double Toe Loop Combination, Three Butterfly jumps, deathdrop

2 Person Jump and Spin Teams

A team consists of 2 skaters from the same category level, but they do not have to be the same test level. Skaters may skate above, but may not skate below their test level category.

One team of two skaters enters the ice together and stops. The first skater begins and performs the same jump two times. After the second attempt the first skater stops. The second skater then performs the spin twice and then stops. Both skaters may bow and then exit the ice together.

Category level

Low= Pre-Alpha-Delta Medium=FS1-3 Intermediate=FS4-5 High=FS6-10

Elite open to any level

<u>Level</u>	<u>Jump</u>	<u>Spin</u>
Low	2 ft jump or bunny hop	2 ft
Medium	½ flip or toe loop	2 ft or 1 ft

Intermediate
High
Elite

Loop or Axel
Dbl Salchow or Dbl Loop
Dbl Lutz or Dbl Axel

Sit or Camel
Flying camel or sit
Flying camel to jump
Forward sit spin or
Flying change sit

No music is required. Low-High may perform on half ice. Elite will perform on full ice.

Judging will stop after time limit:

Low-Med: 1 minute

Int-High: 1.5 minutes

Elite: 2 minutes

MANUVERS ARE JUDGED ONLY FOR TECHNICAL ACCURACY, NOT THE DIFFICULTY OF THE MANEUVER CHOSEN.

**VALLEY ICE CENTER
OPEN ISI COMPETITION
JULY 22-23, 2006
ENTRY FORM**

NAME _____ ISI # _____

ADDRESS _____
(street) (city & zip code)

PHONE _____ SEX _____

BIRTH DATE _____ AGE _____

(on 6-22-06)

HIGHEST TEST REGISTERED ON JUNE 22, 2006 _____

Are you an active USFS member who has competed at or above the Novice level at any USFS National Championship within the last two years? YES _____ NO _____

Please mark the event(s) and level(s) in which you wish to compete.

- () TOTS level _____ () INTERPRETIVE level _____
 () PRE-ALPHA () STROKING level _____
 () ALPHA () SHOOT THE DUCK level _____
 () BETA () SPOTLIGHT LIGHT ENT level _____
 () GAMMA () SPOTLIGHT DRAMATIC level _____
 () DELTA () SPOTLIGHT CHARACTER level _____
 () FREESTYLE level _____ () INDIV. COMP. MOVES level _____
 () ARTISTIC level _____ () TEST MANEUVERS level _____
 () FOOTWORK level _____ () OPEN FREESTYLE level _____
 () COUPLES level _____ PARTNER _____
 () SPOTLIGHT COUPLES level _____ PARTNER _____
 () SPOTLIGHT FAMILY level _____ PARTNERS _____
 () PAIRS level _____ PARTNER _____
 () 2 PERSON Jump & Spin Team Level _____ PARTNER _____

Each Partner must turn in their own entry form and pay their own fee.

Production and Synchronized please use Group Entry Form.

ENTRIES MUST BE RECEIVED BY THURSDAY, JUNE 22, 2006

ENTRY FEES: FIRST ENTRY _____ x \$40.00 = \$ _____
 TOTS AND PRE-ALPHA: _____ x \$25.00 = \$ _____
 EACH ADDITIONAL ENTRY: _____ x \$15.00 = \$ _____
 COUPLES/PAIRS(per skater) _____ x \$20.00 = \$ _____
 EACH ADDITIONAL ENTRY _____ x \$15.00 = \$ _____
 SHOOT THE DUCK _____ x \$15.00 = \$ _____
 JUMP & SPIN TEAM/FAMILY (per skater) _____ x \$15.00 = \$ _____
 SOLO COMPULSORIES/TEST MANEUVERS _____ x \$15.00 = \$ _____
 TOTAL ENCLOSED \$ _____

ENTRY FEES MAY BE PAID BY CASH (at VIC ONLY), CHECK OR CREDIT CARD. PLEASE MAKE **CHECKS PAYABLE TO VALLEY ICE CENTER. SORRY-THERE WILL BE NO REFUNDS.** ALL RETURNED CHECKS WILL BE CHARGED \$20.00. **LATE ENTRIES, IF ACCEPTED WILL BE CHARGED DOUBLE THE ENTRY FEE.** ***Any changes to this entry will be charged a \$10 fee.***

CREDIT CARD CHARGE, MASTERCARD OR VISA ONLY.

CARD # _____ EXPIRES _____

NAME ON CARD _____ SIGNATURE _____

MAIL TO: VALLEY ICE CENTER
8750 VAN NUYS BLVD.
PANORAMA CITY, CA. 91402
ATTENTION: Bridgette Webb

I SKATE THIS COMPETITION AT MY OWN RISK AND HEREBY RELEASE ISI, VALLEY ICE CENTER, THEIR PERSONNEL AND CONTRACTORS FROM ALL LIABILITIES. I DECLARE THAT THE ABOVE INFORMATION IS TRUE AND COMPLETE.

(SIGNATURE OF PARENT or skater over 18) (Rink name) (Signature of Coach & phone #)

BEST OF LUCK TO ALL SKATERS!

